



WILDERNESS LAKE PRESERVE
AUGUST 2024

WILDERNESS LAKE
P R E S E R V E

NATURE'S NEWS



Photo by: Barry White

**The Eastern
Gray Squirrel**



**Pickleball for the
Win!**

**Recipe of the
Month**



Classes and Clubs



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PICKLEBALL FOR THE WIN!

**Pickleball is all the buzz, and
Wilderness is in the thick of it!**

It's the fastest growing sport in the country and we have the perfect place to play!

Pickleball is fun, social and friendly! The rules are simple and the game is easy for beginners to learn, but can develop into a fast-paced, competitive game.

What our residents are saying- There's a reason so many players get hooked on this sport – it's easy to start, but hard to stop.



What is pickleball?

It's a fast-paced sport that has many similarities to tennis, badminton, and table tennis (Ping-Pong). It is played on a level court with short-handled paddles and a perforated hollow plastic ball that is volleyed over a low net. Matches feature two opposing players (singles) or two pairs of players (doubles), and the sport can be played either outdoors or indoors. Pickleball was invented in the United States in 1965, and in the early 21st century it experienced rapid growth. It is now played worldwide by people of all ages and skill levels.

BACK TO SCHOOL



Find and circle the 'back to school' vocabulary words.

H	O	M	E	W	O	R	K	S	C	I	P	O	T	G
I	X	R	D	E	T	E	N	T	I	O	N	T	V	U
S	L	H	G	R	Y	R	A	D	N	O	C	E	S	I
T	I	P	Z	W	A	C	B	V	A	Y	E	R	L	D
O	T	J	N	S	Y	M	S	M	X	F	E	S	O	A
R	E	W	F	O	R	B	A	X	O	W	T	S	Q	N
Y	R	E	L	Y	H	T	I	S	S	X	M	P	S	C
R	A	D	N	E	L	A	C	N	S	R	C	I	S	E
O	T	O	G	I	Y	R	A	T	N	E	M	E	L	E
T	U	W	O	R	K	I	N	G	R	Y	M	I	O	I
I	R	O	B	J	E	C	T	I	V	E	C	B	G	A
N	E	M	Q	E	B	E	G	A	U	G	N	A	L	D
A	P	L	A	N	N	I	N	G	F	V	P	U	I	Y
J	S	T	U	D	I	E	S	U	B	J	E	C	T	S
E	C	N	E	L	L	E	C	X	E	F	F	D	B	G

ANSWERS

DRAMA

HISTORY

LITERATURE

STUDIES

ASSEMBLY

ELEMENTARY

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OBJECTIVE

SUBJECTS

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JANITOR

PLANNING

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SECONDARY

WORKING





EASY SPAGHETTI BOLOGNESE

Quick &
Easy Meal

Ingredients

- 2 tbsp olive oil
- 400g / 14oz beef mince
- 1 onion, diced
- 2 garlic cloves, chopped
- 100g / 3½oz carrot, grated
- 2 x 400g tins chopped tomatoes
- 400ml / 14fl oz stock (made from a stock cube. Ideally beef, but any will do)
- 400g/14oz dried spaghetti
- salt and pepper

Method



Heat a large saucepan over medium heat. Add a tablespoon of olive oil and once hot add the beef mince and a pinch of salt and pepper. Cook the mince until well browned over medium-high heat (be careful not to burn the mince. It just needs to be a dark brown). Once browned, transfer the mince to a bowl and set aside.




Add another tablespoon of oil to the saucepan you browned the mince in and turn the heat to medium. Add the onions and a pinch of salt and fry gently for 5-6 minutes, or until softened and translucent. Add the garlic and cook for another 2 minutes. Add the grated carrot then pour the mince and any juices in the bowl back into the saucepan.



Add the tomatoes to the pan and stir well to mix. Pour in the stock, bring to a simmer, and then reduce the temperature to simmer gently for 45 minutes, or until the sauce is thick and rich. Taste and adjust the seasoning as necessary.



When ready to cook the spaghetti, heat a large saucepan of water and add a pinch of salt. Cook according to the packet instructions. Once the spaghetti is cooked through, drain and add to the pan with the bolognese sauce. Mix well and serve.



Eastern gray squirrel

Sciurus carolinensis

Image Credit: Karen Parker

Appearance:

The eastern gray squirrel is a bushy-tailed member of the rodent family. They have grayish-brown fur with paler fur on their undersides. The tail often has silvery-tipped hairs at the end. Eastern gray squirrels can grow 17 to 20 inches long. Florida is home to two other species of squirrels, the fox squirrel (*Sciurus niger*) and the southern flying squirrel (*Glaucomys volans*).

Habitat:

Eastern gray squirrels occur in woodland and urban areas, especially near oaks and hickories, and are active during the day, often feeding on the ground. They spend much of their lives in trees.

Behavior:

The eastern gray squirrel hoards food in numerous places for later recovery. They have the ability to recall the location of thousands of food caches. Preferred foods include bark, berries, seeds and acorns.

Breeding can occur up to twice a year. Nests are made in the forks of trees, but they will nest in attics when accessible, becoming a nuisance to many homeowners. Litter size averages one to four young.

Florida Fish and Wildlife Conservation Commission

NATURE'S NEWS - AUGUST 2024

Tips For Enjoying Our Furry Friends

Create a Squirrel Feeder Space

Establish a feeding space just for them. Place spoiled apples, corncobs and other unprocessed foods underneath a specific tree.

Plant Sunflowers

Squirrels love sunflowers and will happily pilfer those seeds instead of your bird feeders or carefully cultivated plants.

Learn about Squirrels Habits

Take a cup of coffee or tea outside, sit in a lawn chair and watch your backyard world go by. Soon you'll notice that squirrels take the same paths through your yard. They're creatures of habit, just like us. Once you know where they tend to travel, plant or place food items and water along that path to keep them focused on what you want them to consume.

Provide Squirrel Chew Toys

Bones, whole hickory nuts, shells, animal antlers, hooves, scraps of wool, twigs, palm fruit, driftwood and other natural items, of course always make sure items are free from chemicals and pesticides.

FUN EVENTS

MEET US AT THE WILDERNESS LODGE IN THE ACTIVITIES CENTER!

Ladie's NIGHT

Laughter is the best accessory for a perfect ladies' night out!

AUGUST 9
FRIDAY @ 6PM

FUN GAMES - MEET NEW PEOPLE -
BYOB - LAUGHS
LIGHT REFRESHMENTS WILL BE SERVED

RSVP @ (813) 995-2437

Back to School

POOL PARTY

Saturday August 10th
12pm - 2pm

DJ - GAMES - PRIZES
Hamburger Plate \$3
Hotdog Plate \$2

Please RSVP @ (813)995-2437



TEARS and CHEERS

BACK TO SCHOOL Breakfast

MONDAY, AUGUST 12TH | ACTIVITIES CENTER | 9:30 AM

Some of us are crying, teary-eyed and sad. Others know summer is over and are really quite glad! However you're feeling, come join us for awhile. We'll be here to greet you with donuts, coffee and a smile!

Arts & Crafts



Family Art Adventures

Presented by:
Land O' Lakes Library
Thursday, August 1st
2:00 PM

Location: Nature Center

- All Ages Welcome
- Free
- Refreshments

RSVP @ (813) 995-2437 OR EVENTS@WLPLODGE.COM



SIP & PAINT

BRING YOUR FRIENDS AND JOIN US FOR EXCITING FUN NIGHT OF PAINTING

FRIDAY, AUG 16TH, 6PM

RSVP @ (813) 995-2437



CHAT'HERS CLUB FALL CRAFT CLASS

JOIN US
TUESDAY - AUGUST 20th 10AM-12PM
In the Activites Center at the Lodge

\$30 Fall Shelf Sitters 3.5" (varied heights)	Chunky Trio 4" (varied heights)
	
 \$25 Scarecrow 22" x 10"	Pumpkin Shelf Sitter 10" 

RSVP @ (813)995-2437



ROCK PAINTING PARTY

AUGUST 23RD, FRIDAY

FREE
EVENT!

STARTS @ 6PM

RSVP @ (813) 995-2437

WHAT'S HAPPENING



**FREEZE
POPS
BY THE
POOL**

August 18th, 2024
2PM



Wilderness Lake Preserve Presents

**MOVIE
NIGHT**
KUNG FU PANDA 4

SUN
25th
AUGUST

6:30PM

FREE EVENT
LIGHT REFRESHMENTS

RSVP@ (813) 995-2437



JOIN US FOR

BINGO

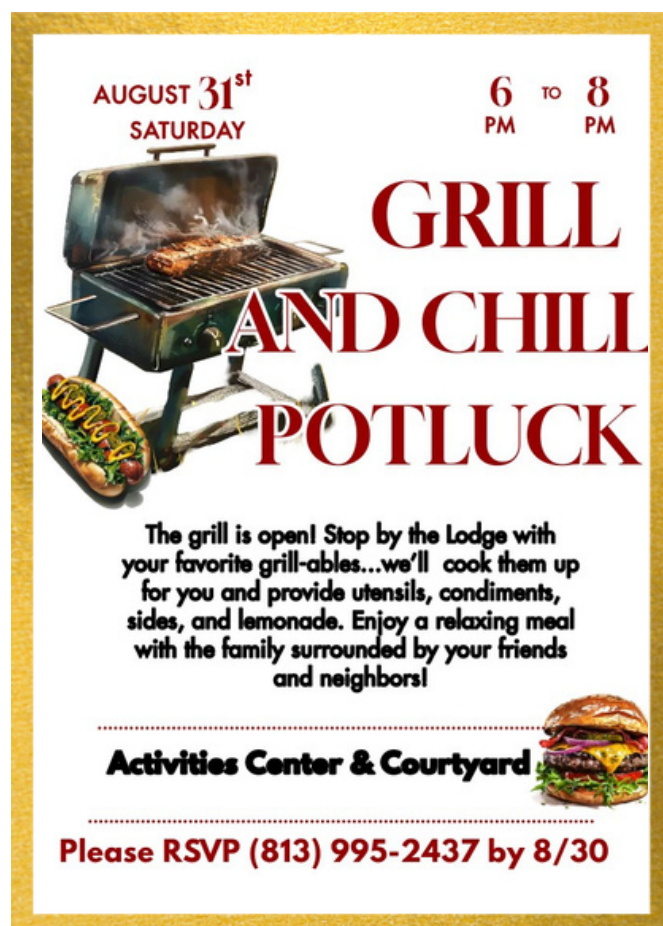
**FAMILY
BINGO
NIGHT**

AUGUST 30

STARTS AT 6:30 PM

GAMES- PRIZES-LIGHT REFRESHMENTS

RSVP (813) 995-2437



AUGUST 31st
SATURDAY

6 PM TO 8 PM

**GRILL
AND CHILL
POTLUCK**

The grill is open! Stop by the Lodge with your favorite grill-ables...we'll cook them up for you and provide utensils, condiments, sides, and lemonade. Enjoy a relaxing meal with the family surrounded by your friends and neighbors!

Activities Center & Courtyard

Please RSVP (813) 995-2437 by 8/30

WHAT'S HAPPENING

PHOTOGRAPHY *Club*

Capture the Magic: Join the WLP Photography Club!

What to Expect....

- ★ Expert Guidance.
- ★ Craft Stories with Every Click.
- ★ Supportive Photography Community.
- ★ Structured Meetups with Hands on Learning.

Agenda:

- ➔ Introductions, sharing, and learning goals.
- ➔ Bring your camera gear and show case your work.
- ➔ Explore new photography facets each week.

Future Prospects:

- ★ Surprise Guest Photographers.
- ★ Offsite Field Trips.

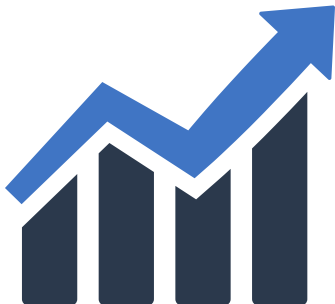
Reserve your spot today! ➔

Meetings:
1st Wednesday of each month
6:00 PM
Location: Theatre



Email: jaden@nonegatives.pro
Call/Text: (813) 485-5015

GROW YOUR BUSINESS



Nature's News is working toward a new print-edition funded by advertisers. We are currently accepting registration of interest at the lodge. Please call or stop in if you are interested in promoting your business to the residents of our community. Specialty pricing does apply to residents of the district. Space is limited.

813-995-2437 - ASK FOR TISH



THE DOCKS AT WILDERNESS LAKE



Exciting News!

The docks were repaired and are ready for you to take advantage of fishing and boating on the picturesque Bay Lake.

Don't forget to grab a bag of fish food before heading down to the dock.

USE OF ANY AVAILABLE CANOES, KAYAKS AND JOHN BOAT IS ON A FIRST COME, FIRST SERVE BASIS, UNLESS AN EVENT HAS BEEN PLANNED USING THE EQUIPMENT.

A WATER SAFETY FLOTATION DEVICE IS MANDATORY FOR ALL BOAT USERS.

ALL PERSONS USING THE BOAT EQUIPMENT MUST OBEY THE CAPACITY REQUIREMENTS POSTED.

LIFEGUARDS WILL NOT BE PRESENT AT THE LAKE. ALL PERSONS USING THE BOATS ON THE LAKE DO SO AT THEIR OWN RISK.

GLASS CONTAINERS ARE NOT ALLOWED ON THE COMMUNITY DOCKS OR THE LAKE AREA.

ANYONE UNDER THE AGE OF EIGHTEEN (18) MUST BE SUPERVISED BY AN ADULT AT ALL TIMES WHILE USING THE BOAT EQUIPMENT.

ANYONE UNDER THE AGE OF TWELVE (12) MUST BE SUPERVISED BY AN ADULT AT ALL TIMES WHEN ON THE DOCK.

ALL BOATING EQUIPMENT IS AVAILABLE DURING LODGE HOURS.

DIVING, SWIMMING, RUNNING, JUMPING AND/OR FLIPPING OFF OF THE COMMUNITY DOCKS OR LODGE PROPERTY IS NOT ALLOWED.

ITEMS LEFT ON THE DOCK OR NEAR THE LAKE AFTER DUSK WILL BE KEPT IN THE LOST & FOUND FOR A PERIOD OF ONE WEEK. IF THE ITEM(S) ARE NOT CLAIMED, THE ITEM(S) WILL BE DISCARDED.

A STRICT CATCH AND RELEASE POLICY IS IN EFFECT. CAST NETS ARE NOT PERMITTED IN ANY DISTRICT LAKES.



SPA SERVICES



BASIC MANICURE

Nails will be shaped, cleansed and pampered. You will receive a hand and arm massage and finished with your choice of polish.

\$15



ISLAND GETAWAY

Enjoy tropical fragrances as you are pampered! After nails are shaped and cleansed, you will receive an invigorating anti-aging hand exfoliation that is completed with a hot towel wrap. A soothing arm and hand massage will relax you and will be finished with polish of your choice.

\$20



BASIC PEDICURE

Shaping of nails and exfoliation begin this pedicure followed with thorough cleansing of feet, a relaxing massage and polish. Aromatherapy will heighten the senses leaving you feeling refreshed and beautiful!

\$28



MILK AND HONEY PEDICURE

After your feet are soaked and cleansed, you will lose yourself in the experience of a mud mask for the feet and long massage for total relaxation.

\$35

SPA SERVICES AT WILDERNESS LAKE

SPA SERVICES

NO POLISH PEDICURE

Using a blend of Peppermint and Pine Oils, feet will be soaked, toenails filed and feet exfoliated. A long massage will complete the experience.

\$28

MINI MANI PEDI COMBO

This package is an abbreviated combination of the traditional manicure and pedicure. Fingernails will be shaped, buffed and polished. Feet will be soaked, toenails shaped and buffed and a light massage will be given. Polish will be applied.

\$30

PRINCESS PAMPERING

This is a combination mani-pedi specifically designed for the young ladies! Nails will be shaped and cleansed and polish will be applied to hands and feet. (Ages 14 and under)

\$22

CND SHELLAC MANICURE

14-day wear polish with ZERO dry time which is finished with a hand and arm massage.

\$28



ADD ON SERVICES


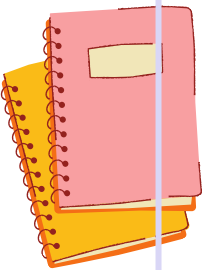
Buff and Polish Change \$8
Add a French manicure \$3
Nail Repair \$2
Rhinestones and decals (per nail) \$2

HOURS MONDAY - FRIDAY APPOINTMENT ONLY
PLEASE CALL THE LODGE FOR MORE INFORMATION

BACK TO
School

August 2024



SUN	MON	TUE	WED	THU	FRI	SAT
				1 Family Art Adventures 2PM	2	3
4	5 Storytime 10AM	6 Land O' Lakes Photography Club 6PM	7 Food Trucks 5PM Photo Club 5PM CDD Meeting & Budget Public Hearing 6:30PM	8	9 Ladies Night 6PM	10 Back to School Pool Party 12PM-2PM
11 	12 Storytime 10AM Tears & Cheers Brkfast 9:30AM ARC Meeting 6:30PM	13	14 Food Trucks 5-8PM	15	16 Sip & Paint 6PM	17
18 Freeze Pops at the Pool 2PM	19 Storytime 10AM	20 Chat'Hers Woodworking Class 10AM	21 Food Trucks 5-8PM	22	23 Rock Painting Party 6PM	24
25 Family Movie Night 6:30PM	26 Storytime 10AM ARC Meeting 6:30PM	27 HOA Meeting 6:30PM	28 Food Trucks 5-8PM	29	30 Family Bingo 6:30PM	31 Grill & Chill 6PM



Land Lakes
Photography Club

Invites You to Attend Our Club Meeting
With a Special Educational Presentation on
“The Basics of Flash Photography”



August 6, 2024
Wilderness Lake Theater
6:30pm – 8:30pm
Space is Limited!



Agenda:

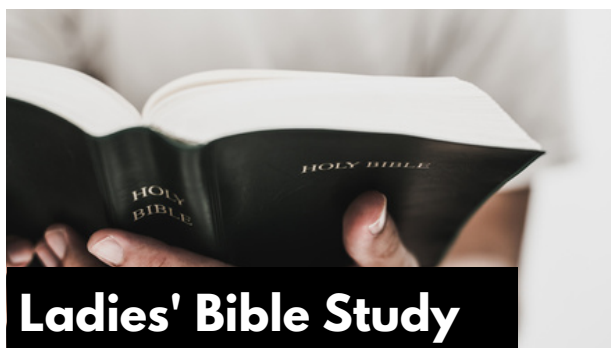
- What We Do As A Club
- Review of Our Field Trip & Competition Photos
- Educational Presentation – “The Basics of Flash Photography” Presented by Professional Photographer Kim Bush

To Learn More About Land O’ Lakes Photography Club,
Please Visit Our Website:

www.landolakesphotographyclub.com

CHECK OUT THESE RESIDENT & VENDOR
CLASSES AND CLUBS AT WILDERNESS

CLASSES & CLUBS



Ladies' Bible Study

Wednesdays 10AM

Contact Shuyan at: 970-978-7568

Contact Janice at: 727-776-5723



Yoga

Tuesdays & Thursdays 8:40AM & 9:55AM

Contact LuAnn at: 813-846-0874

Email: imgagain@yahoo.com (COST: \$5)



Water Aerobics

Monday - Friday 9AM - 10AM



Walking

**Walking, Strength & Toning Monday,
Wednesday, Friday 9:30AM - 10:45AM**



Pickleball Rocks

Tuesday & Thursday 6:30PM

Contact Susan at: 602-315-0757



Chat'hers Club

**Ladies' Social Club - This year the
Chat'hers are sponsoring Hospice.
Contact Telicia at: 786-301-4506**

CHECK OUT THESE RESIDENT & VENDOR
CLASSES AND CLUBS AT WILDERNESS

CLASSES & CLUBS



Rummikub

**Thursday 1PM
at the Activities Center**



Mahjong

**Monday 1PM
at the Activities Center**



Photography Club

**Every 1st Wednesday of the month in
the Theater 6:00PM**

Interested in starting a club?
Contact the Lodge today at (813) 995-2437
or email us at events@wplodge.com.

WELCOME TO



Meet us in the Nature Center every Monday at 10:00 AM for a morning filled with reading, singing, making crafts, and a delicious snack.

July 4th BBQ, Pool Party & Flag Ceremony





WALL ART





Trivia

Laughs



Fun!!



WOOD CRAFTING





s'mores



BACK TO SCHOOL



Find and circle the 'back to school' vocabulary words.

H	O	M	E	W	O	R	K	S	C	I	P	O	T	G
I	X	R	D	E	T	E	N	T	I	O	N	T	V	U
S	L	H	G	R	Y	R	A	D	N	O	C	E	S	I
T	I	P	Z	W	A	C	B	V	A	Y	E	R	L	D
O	T	J	N	S	Y	M	S	M	X	F	E	S	O	A
R	E	W	F	O	R	B	A	X	O	W	T	S	Q	N
Y	R	E	L	Y	H	T	I	S	S	X	M	P	S	C
R	A	D	N	E	L	A	C	N	S	R	C	I	S	E
O	T	O	G	I	Y	R	A	T	N	E	M	E	L	E
T	U	W	O	R	K	I	N	G	R	Y	M	I	O	I
I	R	O	B	J	E	C	T	I	V	E	C	B	G	A
N	E	M	Q	E	B	E	G	A	U	G	N	A	L	D
A	P	L	A	N	N	I	N	G	F	V	P	U	I	Y
J	S	T	U	D	I	E	S	U	B	J	E	C	T	S
E	C	N	E	L	L	E	C	X	E	F	F	D	B	G

ANSWERS

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Save THE Date

LABOR DAY

BBQ/POOL PARTY

SEPTEMBER 2ND

NOON - 2PM

DJ GAMES PRIZES

HAMBURGER PLATE \$3

HOTDOG PLATE \$2

PLEASE RSVP
(813) 995-2437



Core Health, Strength & Belly Training



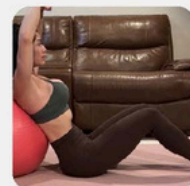
CORE HEALTH



TONED BELLY



BETTER BREATHING



*REDUCE BODY FAT
*STRENGTHEN & SHAPE
YOUR BOOTY!



IG @IDEALCOREHEALTH
(BUSINESS)
@1991CARNIVALQUEEN



719-231-9388

FALL VOLUNTEERS NEEDED!!



OPPORTUNITIES TO HELP

Fall Festival
10/12
Haunted House
10/25



HOLIDAY VOLUNTEERS NEEDED!!



OPPORTUNITIES TO HELP

Holiday Art/Craft Fair
11/16
Santa's Arrival
12/7
Breakfast with Santa
12/21



GET IN TOUCH WITH US

CONTACTS

WILDERNESS LODGE

21320 WILDERNESS LAKE BLVD.

LAND O' LAKES, FL 34637

813-995-2437

BOARD OF SUPERVISORS

HOLLY RUHLIG, CHAIR

HEATHER HEPNER, VICE CHAIR

BETH EDWARDS, SECRETARY

JOHN STAPLES, SECRETARY

AGNIESZKA FISHER, SECRETARY

SUPERVISORWLP4@GMAIL.COM

SUPERIVISORWLP5@GMAIL.COM

SUPERIVISORWLP2@GMAIL.COM

SUPERIVISORWLP3@GMAIL.COM

SUPERIVISORWLP1@GMAIL.COM

DISTRICT STAFF

TISH DOBSON

LODGE & DISTRICT MANAGER

TERRI OAKLEY

ASSISTANT MANAGER

LIFESTYLE COORDINATOR

MANAGER@WLPLODGE.COM

TOAKLEY@WLPLODGE.COM

EVENTS@WLPLODGE.COM

LODGE HOURS OF OPERATION:

SUNDAY: NOON - 9:00 PM

MONDAY - FRIDAY: 9:00 AM - 9:00 PM

SATURDAY: 10:00 AM - 10:00 PM

GARBAGE PICKUP - WASTE CONNECTIONS

727-847-9100

RECYCLING:

WEDNESDAYS

FITNESS CENTER HOURS OF OPERATION

OPEN 365 DAYS WITH ACCESS CARD

5:00 AM - 11:00 PM

EVENT BOOKING & SPACE RENTALS

CALL THE LODGE

NAIL TECHNICIAN:

SERVICES AVAILABLE MONDAY - FRIDAY BY APPOINTMENT ONLY



WILDERNESS LAKE
P R E S E R V E

MEETING HIGHLIGHTS

The regular meeting of the Board of Supervisors of Preserve at Wilderness Lake Community Development District was held at 9:30 AM on Wednesday, July 3, 2024. The official minutes will be posted on the District's website once they are approved by the CDD Board of Supervisors during the next scheduled meeting.

Landscaping Report

Updated the Board on the following:

- Services performed during the month.
- Treatment of spider mites in ornamental grasses.
- Weeds.
- Maintenance of the Lodge grounds on a weekly basis.
- Discussion of declining trees throughout the community.

District Engineer

- Updated the Board on the completion of the Lodge and Cormorant Cove dock repairs.
- Discussion of the ongoing repairs at the front entrance of the community.

District Counsel

Coordinate the Ethics Training Workshop date.

Aquatics Report

- Updated the Board on the maintenance of Pond 28.
- Discussion of invasive vegetation in other ponds.

Community and District Manager

Updated the Board on the following:

- Tennis lessons by Peter Chow.
- Lightning strike claim.
- Staffing.
- Events.

Reminder



NEXT CDD MEETING
Wednesday, August 7th
6:30 PM